

# BE READY, L.A. COUNTY EARTHQUAKES ✓

## WANT TO LEARN MORE?



**VISIT:**  
[ready.lacounty.gov](http://ready.lacounty.gov)



**CALL:**  
2-1-1 and ask for a free "Emergency Survival Guide" by U.S. mail for yourself or a loved one. It's available in many languages.



**SCAN HERE**

## BEFORE an earthquake

- ✓ Encourage family, friends and co-workers to practice DROP, COVER and HOLD ON drills at home and at work.
- ✓ Know your evacuation routes.
- ✓ Make a disaster supply kit that includes enough food, water, and medications for at least 10 days.

### DON'T FORGET

to secure televisions, monitors, bookcases or other items that hang on walls. Store heavy and breakable items on low shelves.



## DURING an earthquake

If you're indoors and are able to do so...

**DROP, COVER, AND HOLD ON**

If you're in a walker/wheelchair user...

**LOCK, COVER, AND HOLD ON**

## AFTER an earthquake

- ✓ Be prepared for aftershocks. Find a safe place inside and stay there.
- ✓ Check on your neighbors, especially seniors or disabled.
- ✓ Listen to the news for safety messages.